



Mite Overview

2018-19 Season

Age Range: born July 1, 2009 –June 30, 2011

Developmental Goals : The objective of this stage is to refine fundamental movement skills and begin to acquire basic sports skills. This is the time when a foundation is laid for future acquisition of more advanced skills.

Season: Third week of October to mid-late February

Schedule: The schedule is posted to the GAHA website, you can check the team page or the schedule page. You can also get the team schedule on the SportsEngine app.

You should check the schedule frequently as it does sometimes change.

Practices: Practices will generally be held 2-3 times per week and will last approximately one hour. Practice locations will include Hodgins-Berardo Arena, Nashwauk Rec and possibly an outdoor rink.

There may be times that there may be one or zero practices in a week, especially before Nashwauk and outdoor rinks have ice. This is due to having to share one sheet of ice amongst our varsity, junior varsity, mini-mite, mite, squirt, peewee a, peewee b, bantam a and bantam b teams.

Jamborees:

The team(s) participate in 1-2 away jamborees in addition to the home jamboree.

Team Composition: The coaches observe the players' performance during the first several weeks of practice. Players are placed on teams to create teams of equal size and ability.

Pictures: The association will select a photographer and schedule a night in which team and individual pictures can be taken. Even if you are not ordering pictures, your player does need to be present for the team picture.

Communication: GAHA and team managers will utilize the SportsEngine app, email and the GAHA Facebook page for communications. It is your responsibility to check these sources for information and make sure your account is set up to receive email and text messages from GAHA. There are links on the Parent Info page of the GAHA website (<https://www.gahamn.org/parents>) that will help you find the SportsEngine app and make sure your account is enabled to receive communications from GAHA.

Greenway Amateur Hockey Association



Equipment: Proper sizing and fit of all equipment is essential for player safety and playing effectiveness.

- Skates – must fit properly; used are fine (skate sizes run smaller than shoe sizes by 1-2 sizes)
- Mouthguard
- Helmet and Mask
- Gloves
- Stick – cut at nose level when standing on skates (wood sticks are fine)
- Shin Pads
- Elbow Pads
- Hockey socks
- Garter belt or shorts w/ velcro to hold-up socks
- Hockey Pants/Breezers
- Shoulder Pads – small & light weight
- Jersey