



Return to Skate for Hodgins-Berardo Arena

Welcome back for our skating season. Obviously, things have changed dramatically since last season and so we have put together a plan to hopefully keep everyone involved safe and at the same time enjoy our season. First off, we would like to remind all of our patrons that of a few basic things we all can do:

1. Physical distance
2. Wash hand and practice safe hygiene habits.
3. Clean surfaces and equipment between uses.
4. Please, stay home when sick or experiencing any types of symptoms.
5. Masks are required, per MDH mandates, when in the arena excluding the skaters on the ice.

Arriving and while at rink

1. Skaters or coaches, with any risk factors or illnesses should not participate in any on-ice activity. Any person exhibiting any kind of symptoms or signs of an illness should not be in the facility at all.
2. Parents please pay close attention to your child for any symptoms or illness. If a sick participant arrives at the facility and is deemed sick, he or she will immediately be removed from practice and be sent home.
3. Skaters should arrive at the arena no more than 15 minutes before the start of practice.
4. If there is an activity occurring at the rink before your scheduled ice time, the incoming skaters should wait until all skaters from the prior event has vacated the skating area. There should not be interaction between the two groups.
5. Minnesota Hockey is recommending no parents in the building for players over the age of 11 for practices or clinics. Because of travel and multiple family members participating in our activities, we recommend that only parents and siblings can be in the building adhering to safe social distancing measures. No parents are allowed in the locker room areas for skaters age of 11 or over. Parents of 10 and under children are allowed to help with any equipment needs.
6. Parents that bring siblings into the arena are asked to keep these children by your side at all times. The first offense will be a warning and the second offense will be to leave the building. We are responsible for our children and their safety and the safety of others.
7. Whenever possible, we are asking everyone to please use your restrooms at home before coming to the arena to limit the use of the restrooms in our facility.
8. Hockey players should come to the arena at least half dressed to limit the time that is needed in the locker room areas. Goalies are the exception as they will need to get ready at the arena.
9. Skaters are asked to bring their own water bottle with their name clearly marked on the container. The container should be re-sealable. Skaters should not plan on refilling bottles at the arena.

10. Coaches should be well-prepared for their sessions on the ice to ensure complete utilization of practice times. This will help everyone stay focused on being prompt and ready to go at the beginning of practice.

On-ice activities for practices

1. Within each group, we may have a maximum of 25 people in a pod. These pods include the coaches in that number. There should be no mixing of groups.
2. Skaters should maintain as much separation as possible and coaches should encourage physical distancing when possible. We all must recognize that at times this will not be possible.
3. Avoid using player's benches and penalty box areas during practices.
4. Coaches should keep skaters engaged as much as possible in practices and skaters should not leave the ice during their skating time unless absolutely necessary.
5. Physical contact may be necessary with young skaters (helping up or adjusting equipment), but coaches should try to avoid it as much as possible.
6. At the completion of practice, skaters will have a definite exit plan in place for each practice. For hockey players, please make sure all pucks are into the net closest to the Zamboni room (south end) of the rink. Do not ask players to pick up pucks or help remove any other equipment from the ice.
7. Until further notice, players will not be using showers after practice.

Managing Confirmed Cases of Covid-19

We will be following the guidelines of the Center of Disease Control and Prevention (CDC), Minnesota Department of Health, and local government and health officials.

Family

1. Inform Director, Pat Guyer, of any skater or someone in their household who tests positive for COVID 19 or have been exposed to someone to have COVID 19.
2. We will be using the Minnesota Department of Health Decision Tree for school, youth and child care programs. This will determine the course of action(s) that we will follow on each individual case.

Team

1. All team/group members would be contacted in case of a positive COVID 19 test. Confidentiality will be maintained in each of these situations.
2. Team/group activities would be pause if this situation arises until we are able to consult with local health officials and/or the Minnesota Department of Health on any additional testing or requirements before returning to play.
3. Minnesota Hockey is recommending teams not to be penalized for forfeiting games due to COVID 19 concerns.